We are pleased to present the 2009 Annual Report – which features the beautiful photography of Robert Kausch. Bob was diagnosed with MS in 1988 and found the Rocky Mountain MS Center almost immediately. He credits the Center for providing the support that has sustained him and his family through the last 22 years. Two years ago he became a patient of Dr. Vollmer, and he attributes his therapy to dramatically improving his quality of life and outlook for the future. Out of a strong commitment to support the work of the Center, he took the initiative to produce a 2011 RMMSC Calendar, benefiting the Center and featuring his Colorado photographs. The calendar is available at the RMMSC website www.mscenter.org – or by contacting us at 303-788-4030 X 102.
The growth of the Rocky Mountain MS Center has been tremendous over the last few years despite the struggling economy. The services we provide have increased and we are able to reach more lives than just a few years earlier. As a member of the Board of Directors since 2005 and now in my fortunate role as Chairman of the Board, I take great pride in the accomplishments that we have achieved and look forward towards an even better future. However, it was not until this year that I truly realized our strengths and just how we impact those suffering with MS as well as their loved ones.

In January of 2010, one of my oldest and dearest friends was diagnosed with MS. Until that time, my personal circle of friends and family had not been affected by MS. In what was a difficult time and process for my friend, she was able to find some comfort and peace of mind in my ability to provide information, references and support about all that she was going through. In that initial conversation, I realized just how profound the impact of the Rocky Mountain MS Center can be for her.

Within days of that conversation she took advantage of several resources offered by the Center. She learned of our educational resources and programs. She spent time with Pat Daily dealing with the emotional side of the disease. She found out more about clinical trials and research programs she might be eligible for. She discussed alternative approaches with Tom Stewart and confirmed what her neurologists had been telling her. As a result, she has found a new level of hope and an ally in her fight for her future.

It is that hope and our role as an ally for those fighting MS at all levels that you are supporting when you contribute to the Rocky Mountain MS Center. The Center, whether through our dedicated team of professionals at our KADEP program, administrative offices, University Hospital, AMC, Potomac street Clinic or our amazing volunteers, is working towards improving the lives of MS patients through our belief in care, education, support and research. Our work is more vital than ever and I feel more confident than ever before in our ability not only to help those inflicted with MS currently but to find better treatments and one day, a cure.

On behalf of my friend and all those who are touched by the great deeds of the Rocky Mountain MS Center, I thank you for supporting us and contributing towards our hope for a brighter future.

Derek Sevier
Chairman of the Board
I am writing to update you on developments in our clinical and clinical research programs and our plans for the future.

The clinical program continues to grow and now includes four physicians—Drs. John Corboy, Augusto Miravalle, Jeff Bennet and myself—as well as an MS Fellow, physician assistant and nurse. Our clinic on the Anschutz campus has been very busy with over 5110 patient visits in 2009. We are adding new technologies to our clinical services to allow us to directly monitor the optic nerves in our patients for optic neuritis. We continue to forge relationships in the allied fields necessary for the comprehensive care for our patients—for example neurosurgery, urology and rehabilitation services—and to provide educational programs to both clinicians and patients and families. We also staff clinics at several secondary locations in the metro Denver area.

The Clinical Research Program has been remarkably successful at bringing clinical studies to Colorado. We have over 350 participants enrolled in studies that range from trials of new drugs, to outcome, biological, and database studies. At this time we have over 30 active or already completed studies and another dozen in development. We are poised to launch the Colorado MS Collaborative Research Program using our recently funded investigator initiated studies. With the establishment of the MS Translational Research Laboratory, we will be able to initiate a program to develop a vaccine approach to the long term treatment of MS.

Over the next year, it is likely that three new therapies will become available to treat MS. We have worked on all of these medications in our clinical research program. Fingolimod will probably be the first to be approved and will have a big impact because it will change treatment options for many patients. All of these new drugs are highly effective, but, like most new drugs, will come with their own challenges and risks.

And thus, we come to our future needs. Both to improve patient care and manage these new medications, we need to change our treatment model from that of a traditional neurology clinic model to a disease management model. We need to develop proactive strategies to assist patients in the daily management of MS, develop new ways to provide comprehensive care including preventative health care and look for ways to decrease the costs for patients and families. It will also mean carefully monitoring the outcomes of our efforts to allow continual program improvement. We will need to use TeleHealth and other technologies to reach out to patients in their homes and communities rather than requiring them to travel to us. To provide these new services, we will need to restructure our care teams and, ultimately, acquire dedicated space for the clinical program and staff.

Your support over the last two years for myself and my colleagues has been invaluable to our success to date and will be even more important to our future successes. We greatly appreciate all you do for us.

Timothy Vollmer, MD, FAAN
From our Executive Director

2009 was an exciting year in the life of the Rocky Mountain MS Center. On March 29, 2009 we purchased a 31,000 square foot building in Westminster Colorado. Formerly a school, the Vista Grande building has become the new home of the King Adult Day Enrichment Program and our administrative offices. This provides us with cost saving opportunities that will allow us to put more of our resources into direct services. Special thanks to the King Foundation, Anschutz Foundation, Johnson Foundation, and the Home and Garden Show Foundation – they provided the leadership gifts to make our new home possible.

Dr. Tim Vollmer celebrated his one year anniversary serving as our Medical Director in August of 2009 – and what an amazing year of progress, massive growth and expansion that represented! The impact of his clinical leadership has been dramatic. Our vision for the Center has been realized, as a new collaborative relationship with the University of Colorado Denver School of Medicine and Hospital created a Regional MS Center of Excellence, the largest in the Rocky Mountain region and beyond. The MS Clinical Research team has been busy and we can claim now to be among the largest, if not the largest, MS research programs in the country. The RMMSC at Potomac Health Center clinic, in collaboration with Metro Community Providers Network, has grown in its service to people with MS on Medicaid, or with no healthcare insurance.

We continued to provide the highest quality services that people with MS need to move forward in their lives: Disability Assessment Clinic, MS 101 for the newly diagnosed, individual and family counseling, Fatigue Management Classes and MS Hydrotherapy programs. We provide people with MS the most current information through the INFORMS quarterly magazine and our eMS News – an email newsletter featuring the breaking news in MS.

The economy has challenged us all – and more than ever, we need your assistance to do all that is needed for those living with MS and their families. Thank you for your support – you have made it possible for the Center to thrive in challenging times.

Karen Wenzel
Executive Director, Rocky Mountain MS Center
Board of Directors 2009

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First Investors Corporation

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Vice Chairman of the Board
Strategic Planning Committee Chair
Term 2007 – 2010
Region Controller,
United Stationers Supply Co.

Larry Olsen, Secretary
Board Affairs Co-Chair
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Compass Bank

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Term: 2004-2010
Cardinal Health Pharmacy

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Term 2009-2012
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Term 2009-2012
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Term 2005-2011
Director of Quality, MCPN

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Term 2007 – 2010
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Term 2007 – 2010
RE/MAX Professionals

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Term 2009-2012
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Frederick, Ross Company

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Term 2008-2011
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Education Committee Chair
Term 2006-2012

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Term 2007-2010
CEO Swedish Hospital

Jeff Wren
Term 2009-2012
Trilogy Financial Services

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Board Development Co-Chair
Term: 2000-2012
AJW Investments

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Term 2007 - 2010
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Ex-Officio Members
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Guild President
Term: 2008-2009

Tina Lombard,
President MS YPN
Term: 2007 - 2009
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Raytheon

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Executive Director

Timothy Vollmer, MD,
Medical Director

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Dr. John Cowee
Liz Frawley
A. Barry Hirschfeld
Kevin and Mary McNicholas
Cindy Medema
Barbara Pundsack
Charles A. Miller
W. Dean Singleton
Marie Windlinger
Diane Writer
FACT

Multiple Sclerosis (MS) is a chronic, unpredictable and sometimes disabling disease of the brain and spinal cord. There is still no cure. MS affects an estimated 450,000 individuals in the United State and approximately 9,000 of them live in Colorado. MS is the leading cause of disability in young women, the second leading cause of disability in young men, and the third leading cause overall of disabilities in the U.S.

RMMSC Responds

We are committed to providing cutting edge treatment, therapies, and services. At our Potomac Street Clinic, we provide MS-specialty care for those who are uninsured or underinsured. We are also affiliated with the MS Clinics at Denver Medical Health Center and the Veteran’s Administration (VA). Our anchor clinic – the Rocky Mountain MS Center at Anschutz Medical Campus provided 5110 patient visits in 2009.
**FACT**

MS is the second most expensive chronic disease to treat. Health-related costs average $57,500 per year, with lifetime costs of more than $3.7 million. The cost of the disease modifying therapies alone averages $35,000 a year.

**RMMSC Responds**

We are developing new ways to think about and treat MS. We advocate treating early and treating aggressively. We have one of the largest MS clinical research programs in the United States, which allows us to participate in the studies of new and emerging therapies, and to lead efforts in the development of MS combination treatment options. In 2009 we successfully introduced legislation in Colorado that now allows us to study new therapeutic approaches at 10% of the cost of a more traditional clinical trial.
FACT
In order to unlock the mysteries of MS, scientists need to study actual MS brains and spinal cord tissue.

RMMSC Responds
The Rocky Mountain MS Center has the largest MS tissue bank in the country. Housed in the state-of-the-art biorepository on the Anschutz Campus, the MS Center bank contains brains and spinal tissue from over 350 MS patients. The tissue bank provides MS brain and spinal cord tissue to research laboratories involved in MS research around the world.
**FACT**
With the mean diagnosis at age of 29 for women and age 30 for men, MS impacts patients in the prime of their lives, and affects their careers, families and access to health care.

**RMMSC Responds**
The Rocky Mountain MS Center offers the Disability Assessment and Legal Clinic programs to those who would like to learn more about Social Security Disability Insurance (SSDI) or who are applying for benefits. Through individual and family counseling, support groups and seminars, the Rocky Mountain MS Center strives to offer the resources to assist each individual. A class for the newly diagnosed, MS 101, is offered every three weeks. We also offer a support group and education series for caregivers.
FACT

Multiple sclerosis has a significant emotional and physical impact on the quality of life of the people who have it and their families. While we know that the disease modifying therapies are changing the statistics of MS, some individuals with MS live with significant levels of disability.

RMMSC Responds

Our award-winning King Adult Day Enrichment Program (KADEP) provides specialized adult day services for those who have more significant disability and require daily therapeutic intervention. This program serves over 60 individuals daily. KADEP offers more than 75 therapeutic groups each week to help maintain or improve functional status, enhance wellness, and create opportunities for socialization and fully engaged and enjoyable living.
FACT
There are thousands of articles on MS published annually and hundreds of new “treatments.” Individuals with MS need a reliable source of information to help them sort through the information available on MS therapies, symptoms, and strategies for effective management of the disease.

RMMSC Responds
We empower patients, families and health care providers by sharing what we know in seminars, publications and our web-based resources. The InformMS magazine and our electronic newsletter, eMS News, provide unique perspectives on everything related to MS. Our website has up-to-date information about symptom management, wellness strategies, and alternative approaches. We offer monthly “Conversations on MS” throughout Colorado, as well as patient and caregiver seminars and professional education programs.
### Income and Expenses 2009

#### Charitable Support 2009

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Individuals</td>
<td>$247,812</td>
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<tr>
<td>Foundations</td>
<td>$457,400</td>
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<tr>
<td>Pharmacy Grants</td>
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<tr>
<td>Corporate</td>
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<tr>
<td>United Way</td>
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<tr>
<td>Special Events</td>
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<tr>
<td>Planned Gifts</td>
<td>$24,879</td>
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<tr>
<td><strong>Total</strong></td>
<td>$1,121,682</td>
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#### Revenue Sources 2009

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<thead>
<tr>
<th>Source</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Contributions</td>
<td>$866,212</td>
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<tr>
<td>Services</td>
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<tr>
<td>In-kind Contributions</td>
<td>$83,827</td>
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<tr>
<td>Special Events (net)</td>
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<tr>
<td>Investments/Interest</td>
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<tr>
<td>Other</td>
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<tr>
<td><strong>Total</strong></td>
<td>$2,180,571</td>
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#### Expenses 2009

<table>
<thead>
<tr>
<th>Category</th>
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<tr>
<td>KADEP</td>
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<td>Community</td>
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<tr>
<td>Education</td>
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<tr>
<td>Research</td>
<td>$267,924</td>
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<tr>
<td>Management/General</td>
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</tr>
<tr>
<td>Fundraising</td>
<td>$237,449</td>
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</tr>
<tr>
<td><strong>Total</strong></td>
<td>$2,114,840</td>
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Source: 2009 audited financials/Anton, Collins and Mitchell
This overview of the RMMSC’s revenue and expense trends illustrates our continued commitment to increasing spending on programs and services for our clients.
2009 Donors

$200,000
Kenneth King Foundation

$100,000+
National MS Society
Teva Neuroscience, Inc.

$25,000 - $50,000
Center of Neurorehabilitation Foundation, PC
Helen K. & Arthur E. Johnson Foundation
Kinney Memorial Foundation
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$15,000 - $24,999
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BBVA Compass Bank
Grills Family Foundation
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$5,000 - $9,999
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Community First Foundation
ECA Foundation

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Virginia W. Hill Foundation
J. K. Mullen Foundation
Multiple Sclerosis Foundation
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Christopher Reeve Paralysis Foundation

$2,500 — $4,999
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Colorado State Bank and Trust
Craig Hospital
Dickler Family Foundation
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Grace Isabelle McNaught Trust
Kevin and Mary McNicholas
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Derek Sevier
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Spirit of Hope Christian Church
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Greg and Mary Helen Stults
Maxie Taylor
Mr. and Mrs. Peter B. Teets
Beverly & Larry Thomas
United Stationers Supply Co.
University of Colorado Neurology Department

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The Van Vleet Foundation
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Stephen White and Rose Kauffman
Dee P. and Jan Wisor
Lorraine Wrightson Besch
Gavin and Rose Writer

$500 – $999
Aspen Business Center Foundation
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John and Carolyn Bileo
Richard and Charlene Boardman
William and Christine Breeden
Robert Brody
The Cleveland Foundation
Patricia Daily
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Xcel Energy Foundation
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H. Lee Ambrose
Alison Anderson
Alan and Iola Armour
Don Bates
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Robert and Eileen Brennan
Art Bruche
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John Corboy
Margaret Cunningham
Robert and Mary De Simone
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Lloyd and Mary Edwards
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Dee-Ann Failing
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Suzette Reed
David and Joyce Reinhard
L. M. Riggert
John F. Roberts
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John H. Stamper
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Ginny Wagner
Karen Wenzel, MA, CTRS
Jessi Williams, CTRS
Beth Winter, CTRS

The N. Daren Writer Society
A prestigious group of community leaders, supporters and visionaries of the Rocky Mountain MS Center. Members of the Writer Society have named the Rocky Mountain MS Center as the recipient of their planned gift. Named after the founder of the Center, N. Daren Writer, the society continues to forge leadership in MS care and services.

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Shirley Baird
Diana S. Boulter
Janet Breslin
Kathi Brown
Jack S. Burks
Phyllis Busch
Robert L. Campbell
Kathy Brown
Maxine E. Johnson
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Luverne Liffengren
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Barbara Lofgren
Vincent Marcellino
Joan S. Mathews
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Zoe Larsen Morgese

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Vincent Marcellino
Joan S. Mathews
Kendra W. Metcalfe
James Mills, Jr.
Mary Moore
Zoe Larsen Morgese

Judith Mulkey
Larry and Sally Olsen
Diane Reeder
Melinda Berg Roark
R. Scott Ruby
Cade Sibley
Margaret Stookesberry
Richard Sturm and Mavis Lindeman
Laura Turner
James C. Verretta
Sandra J. Walling
Joyce A. Wissinger
Adam Writer
Diane D. Writer
Mary J. Zimmerman
A gift of support to the Rocky Mountain MS Center makes it possible for us to fulfill our mission and purpose. As you consider your year-end gifts to charity, we hope that you will put the Rocky Mountain MS Center at the top of your list, and also consider naming us in your will or estate plans. By participating in our fundraising efforts, you make a difference in the lives of the people we serve.

Want to get involved in other ways as well? Volunteer and provide critical support through direct “hands on” work; Become a member of The Rocky Mountain MS Center Guild – a group of women dedicated to increasing awareness and raising money to support the Center; Or join our MS Young Professionals Network – a co-ed group of younger adults dedicated to networking, raising awareness and supporting the Rocky Mountain MS Center.

Together we can change the way we think about and treat MS, and protect the futures of those living with the disease.

Giving is the secret of a healthy life.
Not necessarily money, but whatever a man has of encouragement and sympathy and understanding.
— John D. Rockefeller
Mission
The Center’s core mission is to improve the lives of those who live with multiple sclerosis and their families through care, education, support and research.

Rocky Mountain MS Center
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